FAMLI Program Notice

Colorado's Family and Medical Leave Insurance (FAMLI)

Paid time for the moments that matter

You may qualify for FAMLI paid leave if you earned $2,500 over the previous year, and need to:

- Care for a new child through birth, adoption, or foster placement
- Care for your own serious health condition
- Care for a family member with a serious health condition
- Support a family member preparing for military deployment
- Seek safety or support related to domestic violence, stalking, or sexual assault
- Care for a newborn in a Neonatal Intensive Care Unit or higher level of care

What You Pay

For 2026, your employer sends 0.44% of your wages to the FAMLI benefit fund. This shows up on your paystub as "FAMLI premium."

Your Rights

- If you've worked for your employer for 180 days, your job is protected when you return.
- Your employer may not retaliate, interfere, or discriminate against you for using FAMLI benefits.
- If something feels wrong, you can file a complaint by contacting the FAMLI Division.
- If your claim is denied, you can file a reconsideration at myfamliplus.state.co.us.

COLORADO
Family and Medical Leave Insurance Program (FAMLI)
Department of Labor and Employment

How Much Leave You Can Take

12 Weeks	Up to 12 weeks each year
4 Weeks	Up to 4 extra weeks for pregnancy or childbirth complications
12 Weeks	Up to 12 more weeks for Neonatal Care Leave

You can take leave all at once, intermittently, or on a reduced schedule. FAMLI leave may reduce your available FMLA leave.

What You'll Receive

- Weekly payment of up to 90% of your wages (sliding scale, based on income)
- Benefits that are not taxed by Colorado. Federal taxes may apply.
- You can estimate your weekly benefit at famli.colorado.gov.

How To Apply

- Apply at: myfamliplus.state.co.us
- Give 30 days' notice when possible, or notify your employer as soon as you can.

Learn more: famli.colorado.gov
For assistance, call: 1-866-263-2654
Visit: 707 17th Street, Suite 150, Denver, CO.

updated December 2025